



JIN SHIN JYUTSU

WITH PRACTITIONERS

PAT GALLAGHER AND NATALIE McCANN

Jin Shin Jyutsu, known as the 'grandmother of acupuncture' is an ancient art of harmonizing life energy within the body. JSJ is based on traditional oriental medicine principles of a network of energy meridians in the body which feed energy to all our cells.

Jin Shin Jyutsu, a physio-philosophy, involves the application of the hands for gently balancing the flow of life energy in the body. It is the awakening to awareness of complete harmony within oneself and the universe. Literally, Jin Shin Jyutsu is the Art of the Creator, through the wisdom of the compassionate person. Said to predate Buddha and Moses, it was rediscovered in the early 1900's by Master Jiro Murai, who, after clearing himself of a "terminal" illness, devoted himself to the revival of the Art for future generations.

Pat Gallagher and Natalie McCann have created a powerful, effective method of using Jin Shin Jyutsu together, in tandem. This tandem work has shown remarkable results for people experiencing pain, physical challenges, stress, anxiety & a host of other 'projects'.

Jin Shin Jyutsu brings balance to the body's energies, which promotes optimal health and well-being, and facilitates our own profound healing capacity. It is a valuable complement to conventional healing methods, inducing relaxation and reducing the effects of stress. At Marin Oncology Associates, a cancer treatment centre in Greenbrae California, Jin Shin Jyutsu is being given during, or soon immediately after chemotherapy sessions. Several other hospitals across the Country are employing Jin Shin Jyutsu Practitioners as a compliment to traditional medical practices. Research shows a marked reduction in severity of side effects from chemotherapy, prescription medication, and bone marrow transplantation in patients who regularly received Jin Shin Jyutsu during cancer treatment. Studies have shown an 80% decrease in hospital stays. As in Western medicine, Jin Shin Jyutsu has a protocol for every specific illness from Cancer to Depression.

How Does Jin Shin Jyutsu Work?

Human beings are composed of an energetic and physical framework. Sometimes this framework gets out of alignment without it being obvious that the physical body is affected. If the energetic system is in harmony then the person leads a happy, normal life - free of illness. If the energetic system becomes misaligned, then the physical body starts to feel the effect, leading to health problems - physical, emotional or mental. The energetic system becomes unbalanced in a number of ways: through hereditary, accident or trauma, climate, diet, lifestyle, disease, attitudes of worry, fear, anger, sadness and trying to be what we're not.

See back for testimonials

Jin Shin Jyutsu realigns the energy system, encourages energy flow and creates a path to awakening the awareness of complete harmony within the self and the universe. Most people feel the benefits immediately. Some opt for a "fine tuning" on a regular basis, or when they feel the need, or it is possible to arrange a series of treatments.

Read what a few of our clients had to say....

"I have been a regular client of Pat & Natalie's tandem Jin Shin Jyutsu sessions for several months as Bodywork is an essential part of my Self-Care. I've never experienced anything as POWERFUL as the exponential quality of both Natalie and Pat working on me together. After a Jin Shin Jyutsu tandem session, I have more energy, feel more grounded and I get the support I need to move forward in my life. If you want to improve the quality of your life, experience less pain, enjoy more energy and enhance your creativity, you'll WANT this work! If you are already moving at the speed of light you'll NEED Pat and Natalie's work." Kimberly Schneider www.themanifestationmaven.com

"I just wanted to share how REMARKABLE Jin Shin Jyutsu has been for me. My experience is directly related to the completion of the ten consecutive sessions and Pat and Natalie's tandem work. The timing was crucial. At the onset of our work, I was at a place in my search for Self of needing to integrate or shed experiences held in my body. The gift of the JSJ flows were the tools I needed to free my Self of traumatic toxins being held at a cellular level. The completion of ten sessions within a 2-3 week period of time catapulted my progress beyond my expectations. Each session was a crucial ingredient to my success. My body was accepting every flow at a deep, subconscious level. Pat and Natalie's JSJ work continued to work on my body, mind and spirit long after the completion of the sessions. Now that some time has passed; I can testify to my ability to use the tools of the JSJ flows to advance my progress in seeking the Self. JSJ is truly a deep journey within to REALLY find the power of core and re-surface with a profound understanding of the individual's being...and for that I thank you for your commitment to the integrity of your work." Patti Sansone, Pilates Teacher

"Jin Shin Jyutsu in itself is a powerful healing art. Receiving treatments from both Pat and Nathalie brings a new level of balance and wholeness that is unlike anything else I've experienced. The combination of human touch and energy work from these two practitioners, who are as "in synch" as Pat and Nathalie are, helps keep me grounded and integrated -- physically, emotionally, and spiritually. I would highly recommend this work to anyone experiencing stress, pain, or imbalances of any kind." Leslie Scheuler, PHD

For More Information:

Pat Gallagher

Email: patgalla@sbcglobal.net or call: 314.550.2112 or 636.305.1484

Natalie McCann

Email: natalie.mccann@yahoo.com or call 314-482-5486

Or visit us online at www.PatAGallagher.com